

# 2012 YORK COUNTY HEALTH CHALLENGE

Brought to you by:

YORK GENERAL  
HEALTH CARE  
SERVICES



**Whichever Team Loses The Largest Percentage of Weight Between January 5 and March 23 Will Win!**

**\$1,000 to the winning team!**

**2nd place team receives \$250,**

**3rd place team receives \$100,**

as measured by total percentage of weight lost per team.

Teams should weigh-in as a group (no individual weigh-ins) at:

**York General Wellness Center**

located at 2114 N. Lincoln Ave., York

January 3, 4 & 5 - 7-8am • 11am-1pm • 5-7pm or by appointment by calling 402-362-0434



Team Name: \_\_\_\_\_

Team Members:

|               |                    |
|---------------|--------------------|
| 1. Name _____ | T-shirt size _____ |
| Address _____ |                    |
| Phone _____   | Email _____        |
| 2. Name _____ | T-shirt size _____ |
| Address _____ |                    |
| Phone _____   | Email _____        |
| 3. Name _____ | T-shirt size _____ |
| Address _____ |                    |
| Phone _____   | Email _____        |
| 4. Name _____ | T-shirt size _____ |
| Address _____ |                    |
| Phone _____   | Email _____        |

**T-shirt sizes: S-M-L-XL-XXL-XXXL**

All entries due Tuesday, December 27, 2011

2012 Health Challenge sponsored in part by

**OTOUPAL INSURANCE**

**WAGNER DECORATING**

*Lichti's*  
TV, APPLIANCE & FURNITURE CENTER

**GRAND CENTRAL FOODS**

**HY-TEC AUTO SERVICE**

**Cornerstone BANK**

*Interior Innovations*  
"Your Destination for Style"

**York State Bank**  
Member FDIC

**Four Corners Health Department**

**HENDERSON STATE BANK**  
Member FDIC

**DIET CENTER**

**York Medical Clinic**

**Lincoln Radiology**

**York Hearing Aid Center**

**FITNESS WORX**  
York, Nebraska  
Feel Better, Live Better

**Heritage Realtors**

**Get your team organized now!**

**\$40 entry for teams of 4.**

**Includes a t-shirt for each team member. T-shirts must be worn during weigh in.**

**Bring your entries to the York News-Times,  
327 Platte Ave, York**

**Registrations accepted through Tuesday, Dec. 27.**

[www.yorknewstimes.com/health](http://www.yorknewstimes.com/health)